

DECALOGUE OF THE RESPONSIBLE TOURIST



1

When planning your trip, select **suppliers** who offer **quality** guarantees and respect for human rights and the environment.



2

Respect the rules and habits of the place. Discover our **history, culture and traditions.** Travelling involves relating with the local people of the place in order to discover their habits, rules and customs. We should avoid imposing our way of life in the places where we travel.



5

Attempt to **minimize the generation of wastes**, reject products with unnecessary packaging and please use recyclable containers/packages.

6

Support small businesses and local handicrafts. Buying local products contributes to the maintenance and development of the economy in the place that you visit.

3

Enjoy our **natural resources** with **responsibility.** The protected natural areas have been created to preserve locations and species with a major ecological value.

4

Go for a stroll, travel by bicycle or use public transport whenever you can. **Use transport methods which respect the environment.**



7

Optimize the consumption of natural products. Make a **responsible use of water and energy.** Remember that they are scarce resources.

8

Respect the rest periods of your **neighbours.**



9

Try our **gastronomy**; you will love it! Consume the seasonal products.

10

By practicing responsible and sustainable tourism, you can encourage others to follow your example and help to make our planet healthier and more charitable.

